

Program

12:00-12:40 **Poster session and sandwiches**

12:40-12:45 **Welcome to Psychiatry Research Day**
Opening speech by Jakob Paludan, Chief Medical Officer

Oral presentations part 1: Lærestolsprofessor Per Hove Thomsen

12:45-13:15 **Effectiveness and costs of stage-based, transdiagnostic CBT versus management as usual for help-seeking youths with emotional and behavioral difficulties: The Mind My Mind trial**

Keynote speaker: Pia Jeppesen, Professor, PhD, Head of Research unit, Department of Child and Adolescent Psychiatry Copenhagen University Hospital – Psychiatry Region Zealand & Faculty of Health and Medical Sciences, University of Copenhagen, Denmark

13:15-13:30 “Virtual Cycling as an Exercise Intervention in Forensic Psychiatry: Exploring Technology, and Staff–Patient Interactions”. Britta Kramer, Department of Forensic Psychiatry, Aarhus University Hospital, Psychiatry, Denmark.

13:30-13:45 **“Efficacy of a Transdiagnostic Sleep and Circadian Intervention for Outpatients With Sleep Problems and Depression, Attention Deficit Disorder, or Bipolar Disorder: A Randomized Controlled Trial”.** Mette Kragh, Department of Affective Disorders, Clinical nurse specialist

13:45-14:00 **“Altered Auditory Processing in Adolescents at Familial and Polygenic Risk for Schizophrenia and Bipolar Disorder”.** Oskar Jepsen, Postdoc, Psychosis Research Unit, Aarhus University Hospital – Psychiatry, Aarhus Denmark

14:00-14:25 **Break, poster session with coffee/tea and cake**

Oral presentations part 2: Lærestolsprofessor Ole Mors

14:25-14:55 **Virtual reality assisted psychotherapy for schizophrenia spectrum disorders: evidence from randomized trials and next-generation studies**

Keynote speaker: Louise Birkedal Glenthøj, DMSc, PhD, Associate Professor, VIRTU Research Group, Mental Health Center Copenhagen, Copenhagen University Hospital, Mental Health Services CPH, Denmark; Department of Psychology, University of Copenhagen

14:55-15:10	"Mind the Heart – Emotional and Behavioural Difficulties in Danish Children and Adolescents with Ventricular Septal Defects" . Julie Løye Hejl, MD PhD student, Department of Child and Adolescent Psychiatry, Aarhus University Hospital Psychiatry, Aarhus, Denmark.
15:10-15:25	"Internet-Cognitive Behavioral Therapy for Pediatric Functional Abdominal Pain: effect and Parental Influence" . Eva Skovslund Nielsen, Department of Child and Adolescent Psychiatry, Aarhus University Hospital Psychiatry, Denmark; Department of Clinical Medicine, Aarhus University, Denmark
15:25-15:40	"Validating the Transdiagnostic Self-injury Interview" . Jesper Nørgaard Kjær, Psychosis Research Unit, Aarhus University Hospital, Psychiatry, Aarhus, Denmark, Department of Clinical Medicine, Aarhus University, Aarhus, Denmark
15:40-16:00	Closing session and award of prize for best presentation and best poster